

TEACHER SLIDE

Activity	Description	Timing
1. Introduction	Do it now task – Ask students to create a key and categorise the different statements into <i>risky behaviours</i> and <i>effects of risky behaviours</i>. N.B Please use the attached worksheet. DO NOT GO THROUGH ANSWERS AT THIS POINT. Show the two videos explaining they show how alcohol impacts decision making. Introduce the lesson, recap ground rules.	10 mins
2. Quiz	Work through the quiz questions on the slides. Students can use whiteboards, thumbs up/down, stand up/ sit down. Introduce the idea of <i>The Ugly Truth</i>. Show video clip of students taking about posters.	10 mins
3. Statements	Place statement sheets around the room. Put students in groups and give each a few minutes to discuss before moving them onto the next one. Once groups have looked at all sheets, take feedback.	15 mins
4. Wrapping it Up	Go back to the Do It Now Task. Ask students if they would change any of their answers. Display slide with answers. Ask students to respond to the statement on their worksheet.	10 mins
5. Signposting	Explain that there are places young people can go to for help and advice, share information on the slide.	5 mins



Thinking about being under the influence of drugs/alcohol, which of the following are risky behaviours and which are the effects of the risky behaviours?

Create a key

Risky behaviours

Effects of risky behaviours

Unprotected sex	Causing physical injury	Relationship problems
Painful emotions	Dangerous or violent activity	Anxiety
Putting sexual pressure on others	Regret	Paranoia
Memory loss	Pressuring others to drink alcohol	Being unfaithful to a partner





SEX, DRUGS, AND ALCOHOL

YEAR 11

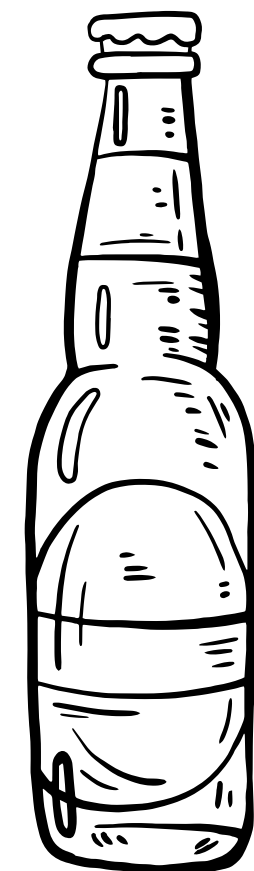


Isle of Man
Government

Reiltys Ellan Vannin

This lesson has been adapted for the Isle of Man from Scotland's national resource for relationships, sexual health, and parenthood (RSHP) education

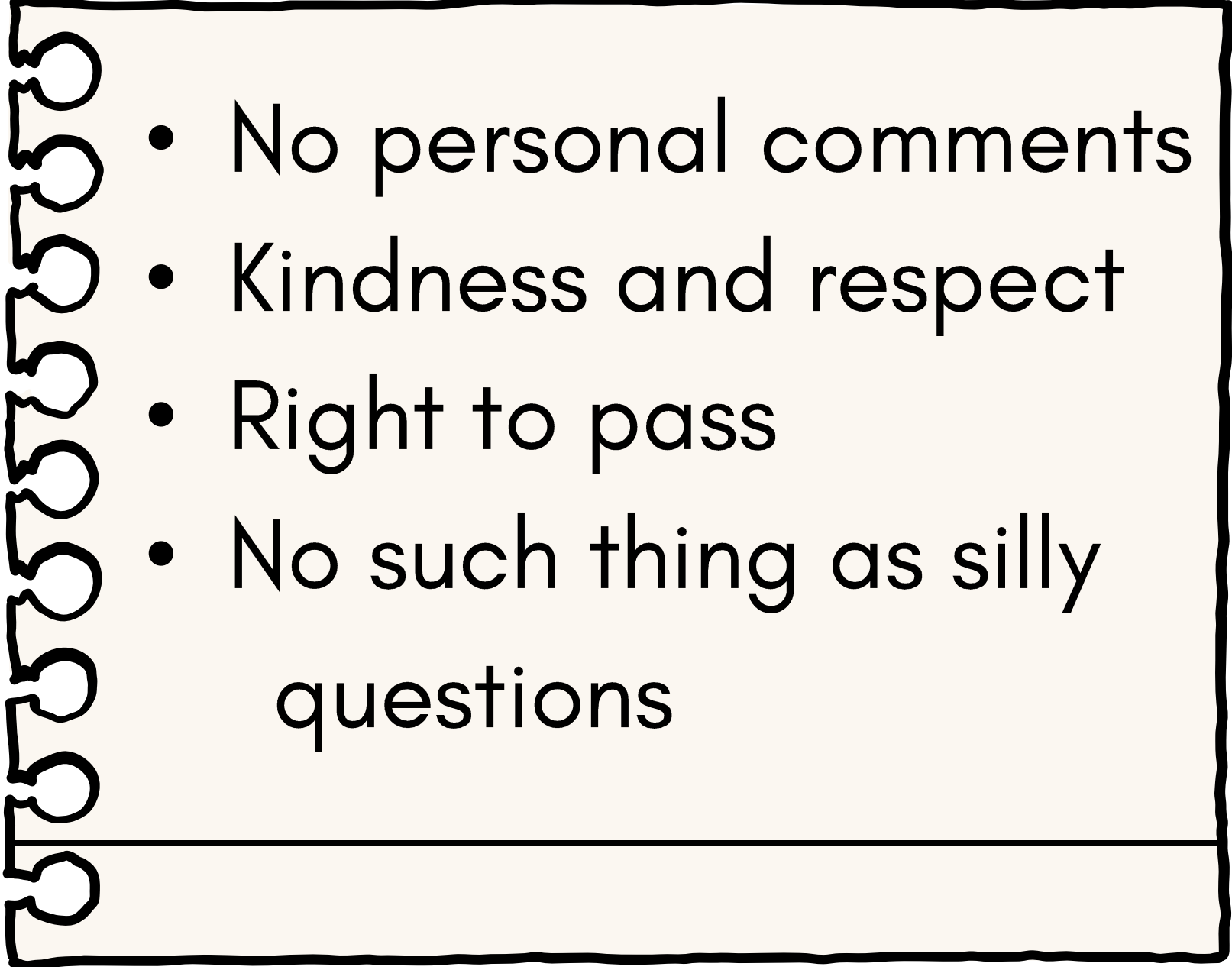
**TODAY WE'RE GOING TO THINK ABOUT HOW
SUBSTANCES, PARTICULARLY ALCOHOL,
CAN AFFECT THE CHOICES PEOPLE MAKE
ABOUT RELATIONSHIPS AND SEX.**



LEARNING OBJECTIVES

- Describe the impact that using alcohol or drugs can have on relationships
- Identify where they can go for further support and information

CLASS AGREEMENTS

- 
- No personal comments
 - Kindness and respect
 - Right to pass
 - No such thing as silly questions

any others?

THINK, PAIR, SHARE...

Let's **ASK** ourselves, from the previous lesson(s)

What are some of the **a**tttributes that you learnt or used?

What were some of the **s**kills you practised?

What was one piece of **k**nowledge you learned?



Drinking alcohol as a teenager
increases your chance of having
unprotected sex.

TRUE OR FALSE?

Drinking alcohol as a teenager
increases your chance of having
unprotected sex.

TRUE

Alcohol affects teenage growth.

TRUE OR FALSE?

Alcohol affects teenage growth.

TRUE

Over 1000 young people under the age of 15 in the UK are admitted to hospital each year with acute alcohol poisoning.

TRUE OR FALSE?

Over 1000 young people under the age of 15 in the UK are admitted to hospital each year with acute alcohol poisoning.

TRUE

The number of teenagers aged 11 to 15
who have tried alcohol is going down.

TRUE OR FALSE?

The number of teenagers aged 11 to 15 who have tried alcohol is going down.

TRUE

In a survey, almost one in 10 young people said that they'd got so drunk that they couldn't even remember whether they had sex – or what sort of sex it was.

TRUE OR FALSE?

In a survey, almost one in 10 young people said that they'd got so drunk that they couldn't even remember whether they had sex – or what sort of sex it was.

TRUE

THE UGLY TRUTH

An ugly truth is something that is true and that you need to hear, but it's probably not something you want to know, because it's not good news.



ACTIVITY

Around the room there are sheets of paper with some statements from young people about alcohol/drugs and relationships.

In your groups have a look at these statements and discuss before moving on to the next ones.

LET'S CHAT

Activity feedback





Thinking about being under the influence of drugs/alcohol, which of the following are risky behaviours and which are the effects of the risky behaviours?

Create a key

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Effects of risky beh rs

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Wrapping it Up

A group of friends are out at a party. One person has been drinking and is flirting with someone, but they're unsure whether the other person is interested or sober enough to give consent.

- How might alcohol affect the situation?
- What do you think should happen?



Reflection

ASK what are you taking from today's lesson?

If anyone was concerned about anything from today's lesson, where could they get help?





Registered Charity #275

Freephone 0808 1624 627 or
627656

Mobile 426400

Contact@motiv.im

GET HELP

Information and support about relationships, alcohol and drugs

A.D.A.M. is a website for young people who are concerned about or may be affected by another person's drinking www.chatresource.org.uk/adam/

For honest information about drugs: <https://www.talktofrank.com>

Whether you have taken drugs, are thinking of taking them, are just curious or want to know more: <https://knowthescore.info>

Your local sexual health clinic for young people will talk about anything to do with relationships and sexual health.

Remember that ChildLine is for young people your age. There's lots online and you can talk confidentially with someone <https://www.childline.org.uk/>