

**Isle of Man
Relationships and Sex Education (RSE) Framework**

YEAR 1 – BLOCK 2

Theme	Learning Intentions	Outcomes	Resources
Looking After Plants	Children learn where plants (fruit and vegetables) come from and how they grow and develop.	I am learning about where living things come from and about how they grow, develop and are nurtured.	RSHP: Looking After Plants Activity Plan
Learning About Life Cycles	Children learn that all living things grow and change and begin to relate their learning to their own development and growth.	I am learning about where living things come from and about how they grow, develop and are nurtured.	RSHP: Learning About Life Cycles Activity Plan
Looking After Pets	<p>Children learn what animals (pets) need to grow and develop.</p> <p>Children learn that all living things need to be cared for and nurtured.</p> <p>Children begin to relate their learning to their own development and growth</p>	I am learning about where living things come from and about how they grow, develop and are nurtured.	<p>RSHP: Looking After Pets Activity Plan</p> <p>RSHP: Looking After Pets Slides</p>
Families Are Different	<p>Children know that there are adults in their lives who care for them and look after them.</p> <p>Children understand that who these adults are can be different for children.</p> <p>Children describe different types of family.</p>	I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.	<p>RSHP: Families Are Different Activity Plan</p> <p>RSHP: Families Are Different Slides</p>

<p>This Is How I Feel</p>	<p>Children learn to recognise their feelings.</p> <p>Children give examples of how they feel at different times or in different circumstances.</p>	<p>I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.</p> <p>I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.</p>	<p>RSHP: This Is How I Feel Activity Plan</p> <p>RSHP: This Is How I Feel Slides</p>
<p>Feeling Safe</p>	<p>Children learn help-seeking behaviours.</p>	<p>I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and nonverbal communication.</p>	<p>RSHP: Feeling Safe Activity Plan</p> <p>RSHP: Feeling Safe Slides</p>