

**Isle of Man
Relationships and Sex Education (RSE) Framework**

YEAR 5 – BLOCK 1

| Theme | Learning Intentions | Outcomes | Resources |
|--------------------------------|---|--|--|
| When I Feel Safe/Unsafe | <p>Children learn that all forms of abuse are wrong.</p> <p>Children are informed about sources of information and support.</p> | <p>I can identify the different types of abuse a child can experience.</p> <p>I know that all types of abuse are wrong.</p> <p>I build confidence in my own feelings and judgements about what feels safe/unsafe or okay/not okay for me.</p> <p>I can identify trusted adults who can help when I have a worry or a question.</p> | <p>RSHP: When I Feel Safe/Unsafe (activity plan)</p> <p>RSHP: When I Feel Safe/Unsafe (slides)</p> <p>RSHP: When I Feel Safe/Unsafe (prop 1)</p> <p>RSHP: When I Feel Safe/Unsafe (prop 2)</p> <p>RSHP: When I Feel Safe/Unsafe (prop 3)</p> |
| My 5 Trusted Adults | | | <p>RSHP: My 5 Trusted Adults (activity plan)</p> <p>RSHP: My 5 Trusted Adults (slides)</p> <p>RSHP: My 5 Trusted Adults (prop)</p> |

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|---|--|---|---|
| Bullying | Children learn that all forms of abuse are wrong. | I can identify the different types of abuse a child can experience. | RSHP: Bullying (activity plan) RSHP: Bullying (slides) RSHP: Bullying (prop) |
| Physical Abuse and Neglect | Children are informed about sources of information and support. | <p>I know that all types of abuse are wrong.</p> <p>I build confidence in my own feelings and judgements about what feels safe/unsafe or okay/not okay for me.</p> <p>I can identify trusted adults who can help when I have a worry or a question.</p> | RSHP: Abuse and Neglect (activity plan) RSHP: Abuse and Neglect (slides) RSHP: Abuse and Neglect (prop) |
| Sexual Abuse | | | RSHP: Sexual Abuse (activity plan) RSHP: Sexual Abuse (slides) |
| Watching and Sharing Videos Online | Children learn about key online safety messages specifically in the context of watching and sharing video content online, relevant to popular platforms. | <p>I can recognise the possible risks of using online video-sharing platforms.</p> <p>I understand that not all video content should be shared with all audiences.</p> <p>I am aware of practical strategies to use on online video-sharing platforms</p> | Childnet: Watching and Sharing Videos Online |

