

**Isle of Man
Relationships and Sex Education (RSE) Framework**

YEAR 2 – BLOCK 1

Theme	Learning Intentions	Outcomes	Resources
<p>This Is How I Feel – (repeated from YR1)</p>	<p>Children learn to recognise their feelings.</p> <p>Children give examples of how they feel at different times or in different circumstances.</p> <p>Children learn help-seeking behaviours.</p>	<p>I am aware of how friendships are formed and that likes, dislikes, special qualities and needs can influence relationships.</p> <p>I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to.</p> <p>I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and nonverbal communication</p>	<p>RSHP: This Is How I Feel (activity plan)</p> <p>RSHP: This Is How I Feel (slides)</p>
<p>I Am Unique</p>	<p>Children learn about themselves, what makes them unique and the idea of diversity.</p>	<p>I recognise that we have similarities and differences but are all unique.</p>	<p>RSHP: I Am Unique (activity plan)</p> <p>RSHP: I Am Unique (slides)</p> <p>RSHP: I Am Unique (prop 1)</p> <p>RSHP: I Am Unique (prop 2)</p>

We Are Similar and Different	Children learn about themselves, what makes them unique and the idea of diversity.	I recognise that we have similarities and differences but are all unique.	RSHP: We Are Similar and Different (activity plan) RSHP: We Are Similar and Different (prop 1)
What Makes Me, Me	<p>Children consider the meaning of identity.</p> <p>Children learn to listen to and respect each other's opinions.</p>	<p>I recognise people have different opinions to me and that it is important to respect them.</p> <p>I am able to share my opinion and begin to explain it.</p>	BBC: What Makes Me, Me?
Boys and Girls	<p>Children learn about themselves, what makes them unique and the idea of diversity.</p> <p>Children consider stereotypes and gender biased expectations.</p>	I recognise that we have similarities and differences but are all unique.	RSHP: Boys and Girls (activity plan) RSHP: Boys and Girls (slides)
Keeping Clean	<p>Children learn about personal hygiene, in terms of their bodies, their clothes and some behaviours like coughing/sneezing.</p> <p>Children learn the correct names for parts of their body.</p>	<p>I am aware of my growing body and I am learning the correct names for its different parts and how they work.</p> <p>I am learning what I can do to look after my body and who can help me.</p>	RSHP: Keeping Clean (activity plan) RSHP: Keeping Clean (slides) RSHP: Keeping Clean (prop)