

**Isle of Man  
Relationships and Sex Education (RSE) Framework**

**YEAR 6 – BLOCK 2**

Theme	Learning Intentions	Outcomes	Resources
<p><b>Understanding Human Sexuality</b></p>	<p>Children are introduced to the concept of human sexuality.</p> <p>Children build a positive sense of self.</p>	<p>I can talk about aspects of human sexuality in relation to myself as an individual.</p> <p>I recognise what makes me special and unique.</p>	<p><a href="#">RSHP: Understanding Human Sexuality (activity plan)</a></p> <p>Human Sexuality: Flower Activity Resources</p> <p><a href="#">Prop 1</a>  <a href="#">Prop 2</a>  <a href="#">Prop 3</a>  <a href="#">Prop 4</a>  <a href="#">Prop 5</a>  <a href="#">Prop 6</a>  <a href="#">Prop 7</a>  <a href="#">Prop 8</a></p> <p><a href="#">Human Sexuality: Flower Activity (black and white version)</a></p>
<p><b>Menstruation</b></p>	<p>Children learn the correct names for parts of their body, including male and female genitalia, and their functions.</p> <p>Children recognise that body changes with puberty impact on feelings and behaviour.</p> <p>Children understand the importance of personal hygiene.</p>	<p>I can name parts of my body.</p> <p>I can talk about the different parts of my body and what they do.</p> <p>I can describe the changes that take place with puberty.</p> <p>I understand how to maintain personal hygiene.</p>	<p><a href="#">RSHP: Menstruation (activity plan)</a></p> <p><a href="#">RSHP: Menstruation (slides)</a></p>

<p><b>How Do Adults Plan and Prevent Pregnancy?</b></p>	<p>Children understand the reasons why contraception may be used.</p>	<p>I can explain what contraception is used for.</p> <p>I can explain what a condom is used for.</p>	<p><a href="#">How Do Adults Plan/Prevent Pregnancy (activity plan)</a></p> <p><a href="#">How Do Adults Plan/Prevent Pregnancy (slides)</a></p>
<p><b>Puberty, Conception, and Pregnancy</b></p>	<p>Children consolidate previous learning about puberty.</p> <p>Children learn about conception and pregnancy.</p>	<p>I can identify the changes that happen to both males and females during puberty.</p> <p>I understand how babies are made and about pregnancy.</p>	<p>DESC videos – puberty, conception, pregnancy</p> <p><a href="#">BBC - Operation Ouch (IVF)</a></p>
<p><b>Feelings and Loss</b></p>	<p>Children learn about change and loss, including death, and how these can affect feelings.</p> <p>Children explore ways of expressing and managing grief and bereavement.</p>	<p>I can recognise and name feelings associated with sadness and loss.</p> <p>I can explain what is meant by the word loss.</p> <p>I can respectfully discuss difficult issues.</p> <p>I can identify who I can ask for support with difficult feelings</p>	<p>Winston's Wish bereavement charity resources – lessons 1 &amp; 2 (including powerpoints, lesson plans and activities) uploaded to Teams channel.</p>
<p><b>Coping Strategies for Loss and Grief</b></p>	<p>Children explore strategies to manage feelings of loss and grief.</p>	<p>I can describe what I would do to support a friend who felt sad.</p> <p>I can identify three ways of coping with loss or grief.</p> <p>I can identify who I can ask for support with difficult feelings.</p>	

