

**Isle of Man
Relationships and Sex Education (RSE) Framework**

YEAR 4 – BLOCK 3

Theme	Learning Intentions	Outcomes	Resources
Social Media	<p>Children see the internet as a positive place that is fun and helps them learn.</p> <p>Children reflect on their online behaviours.</p> <p>Children identify potential or actual abusive behaviour in online environments.</p> <p>Children learn help-seeking behaviours.</p>	<p>I can discuss what I do online.</p> <p>I understand that my online activity requires me to have strategies for safe use.</p> <p>I can identify an adult/adults I trust and who can help when I have a worry.</p>	<p>RSHP: Where Do We Go Online? (activity plan)</p> <p>RSHP: Where Do We Go Online? (slides)</p> <p>RSHP: Where Do We Go Online? (prop)</p>
Computer Games	<p>Children learn how to become safer in their computer gaming habits and how to manage risk in different situations.</p>	<p>I can understand why some games are not appropriate for children to play.</p> <p>I can develop my own ideas and thoughts about computer games and gaming habits.</p> <p>I can identify some possible responses to pressure relating to computer games.</p>	<p>Healthy Schools: Gaming - Media Violence</p>

<p>Emergencies and Calling For Help</p>	<p>Children learn what to do in an emergency situation and how to call the emergency services for help.</p>	<p>I understand it is important to ensure the safety of myself and others when faced with an emergency situation.</p> <p>I know how to assist in an emergency by calling for help correctly.</p> <p>I can give the correct information when calling the emergency services for help.</p> <p>I know how to seek medical help if required.</p>	<p>St John Ambulance: Calling For Help</p>
<p>First Aid – Bleeding</p>	<p>Children learn how to administer first aid for bleeding and shock.</p>	<p>I can ensure the safety of themselves and others.</p> <p>I can assess a casualty’s condition calmly.</p> <p>I can comfort and reassure a casualty who is bleeding.</p> <p>I know how to seek medical help if required.</p>	<p>St John Ambulance: Bleeding First Aid</p>