

**Isle of Man
Relationships and Sex Education (RSE) Framework**

RECEPTION – BLOCK 1

Learning can be planned or take place in spontaneous ‘teachable moments’ when children and educators are playing and chatting, or a particular event happens. Teachable moments can be created too, and so there are suggestions included in the RSHP activity plans about how books, play and other activities can support learning.

Theme	Learning Intentions	Outcomes	Resources
My Body	<p>Children can accurately name and locate a variety of body parts.</p> <p>Children explain why keeping clean is important.</p> <p>Children can explain basic hand cleaning and dental care routines.</p>	<p>I recognise that we have similarities and differences but are all unique.</p> <p>I am aware of my growing body and I am learning the correct names for its different parts and how they work.</p> <p>I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health.</p>	<p>RSHP: My Body Activity Plan</p>
My Body Belongs To Me	<p>Children can name and locate a variety of body parts.</p> <p>Children begin to understand the notion of bodily autonomy.</p>	<p>I am learning what I can do to look after my body and who can help me.</p> <p>I am learning about respect for my body and what behaviour is right and wrong.</p> <p>I know who I should talk to if I am worried about this.</p>	<p>RSHP: My Body Belongs To Me Activity Plan</p>

<p>Unique, Similar and Different</p>	<p>Children begin to recognise that people are individual and unique.</p> <p>Children give examples of similarities and differences in their group.</p> <p>Children begin to understand that treating someone badly/poorly based on a difference is not okay.</p>	<p>I recognise that we have similarities and differences but are all unique.</p> <p>I recognise that each individual has a unique blend of abilities and needs.</p> <p>I contribute to making my school community one which values individuals equally and is a welcoming place for all.</p>	<p>RSHP: Unique, Similar and Different Activity Plan</p>
<p>Our Families</p>	<p>Children talk about their own family.</p> <p>Children are able to describe the role that parents and carers play.</p> <p>Children discuss different family situations.</p>	<p>I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.</p>	<p>RSHP: Our Families Activity Plan</p> <p>RSHP: Our Families Slides</p>
<p>People Who Help and Look After Me</p>	<p>Children understand that different adults – family and professional people – provide care for children.</p> <p>Children know the jobs of the main professional people who provide care</p>	<p>I know that there are people in our lives who care for and look after us and I am aware that people may be cared for by parents, carers or other adults.</p>	<p>RSHP: People Who Help and Look After Me Activity Plan</p> <p>RSHP: People Who Help and Look After Me Slides</p>
<p>Asking Questions/Making Choices/Saying Yes Saying No</p>	<p>Children develop an understanding of a range of feelings which they can talk about.</p> <p>Children are learning about co-operating, sharing and about manners.</p>	<p>I am aware of and able to express my feelings and am developing the ability to talk about them.</p>	<p>RSHP: Asking Questions/Making Choices Activity Plan</p>