

**Isle of Man
Relationships and Sex Education (RSE) Framework**

YEAR 6 – BLOCK 1

Theme	Learning Intentions	Outcomes	Resources
What Is Love?	Children understand that different kinds of friendships and relationships exist; and that positive relationships have a positive impact on wellbeing.		RSHP: What Is Love (activity plan) RSHP: What Is Love (slides)
Being Attracted to Someone	<p>Children understand the importance of being cared for and caring for others in personal and loving relationships.</p> <p>Children respect and value friendships with children of the opposite sex.</p> <p>Children acknowledge pressures on them to be in boyfriend/girlfriend relationships.</p>	<p>I can talk about friendships and relationships.</p> <p>I can talk about the importance of being cared for, caring for others, caring for myself and what love means.</p>	RSHP: Being Attracted to Someone (activity plan) RSHP: Being Attracted to Someone (slides) RSHP: Being Attracted to Someone (prop)
Sex	<p>Children recap learning about their body including sexual organs/genitals.</p> <p>Children recap learning about puberty and physical and emotional changes.</p> <p>Children are given basic knowledge about having sex (intercourse).</p> <p>This activity places sex as part of adult relationships which are characterised by kindness, love and intimacy. The age of consent is introduced.</p>	<p>I can name the private parts of my body.</p> <p>I can talk about how puberty results in physical and emotional changes.</p> <p>I can describe what sex/sexual intercourse can involve.</p> <p>I understand that sex is something adults do in a relationship.</p>	RSHP: How Do People Have Sex? (activity plan) RSHP: How Do People Have Sex? (slides)

<p>How Human Life Begins</p>	<p>Children know the names for parts of their body required to understand conception, pregnancy and birth.</p> <p>Children understand where living things come from.</p>	<p>I can explain how human life begins, what pregnancy is and how a baby is born.</p>	<p>RSHP: How Human Life Begins (activity plan)</p> <p>RSHP: How Human Life Begins (slides)</p>
<p>What Do Parents/Carers Need to Know</p>	<p>Children know that all families are different.</p>	<p>I can talk about what a parent/carer does to make sure their child is healthy, happy and safe.</p> <p>I can describe the diversity we find in family life.</p>	<p>RSHP: What Do Parents/Carers Need To Know (activity plan)</p> <p>RSHP: What Do Parents/Carers Need To Know (slides)</p>
<p>If I Were a Parent/Carer</p>	<p>Children understand and explain the role and qualities of a parent/carer.</p>	<p>I can discuss some of the challenges of being a parent/carer.</p> <p>I talk about the kind of parent or carer I would be.</p>	<p>RSHP: If I Were a Parent/Carer (activity plan)</p> <p>RSHP: If I Were a Parent/Carer (slides)</p>