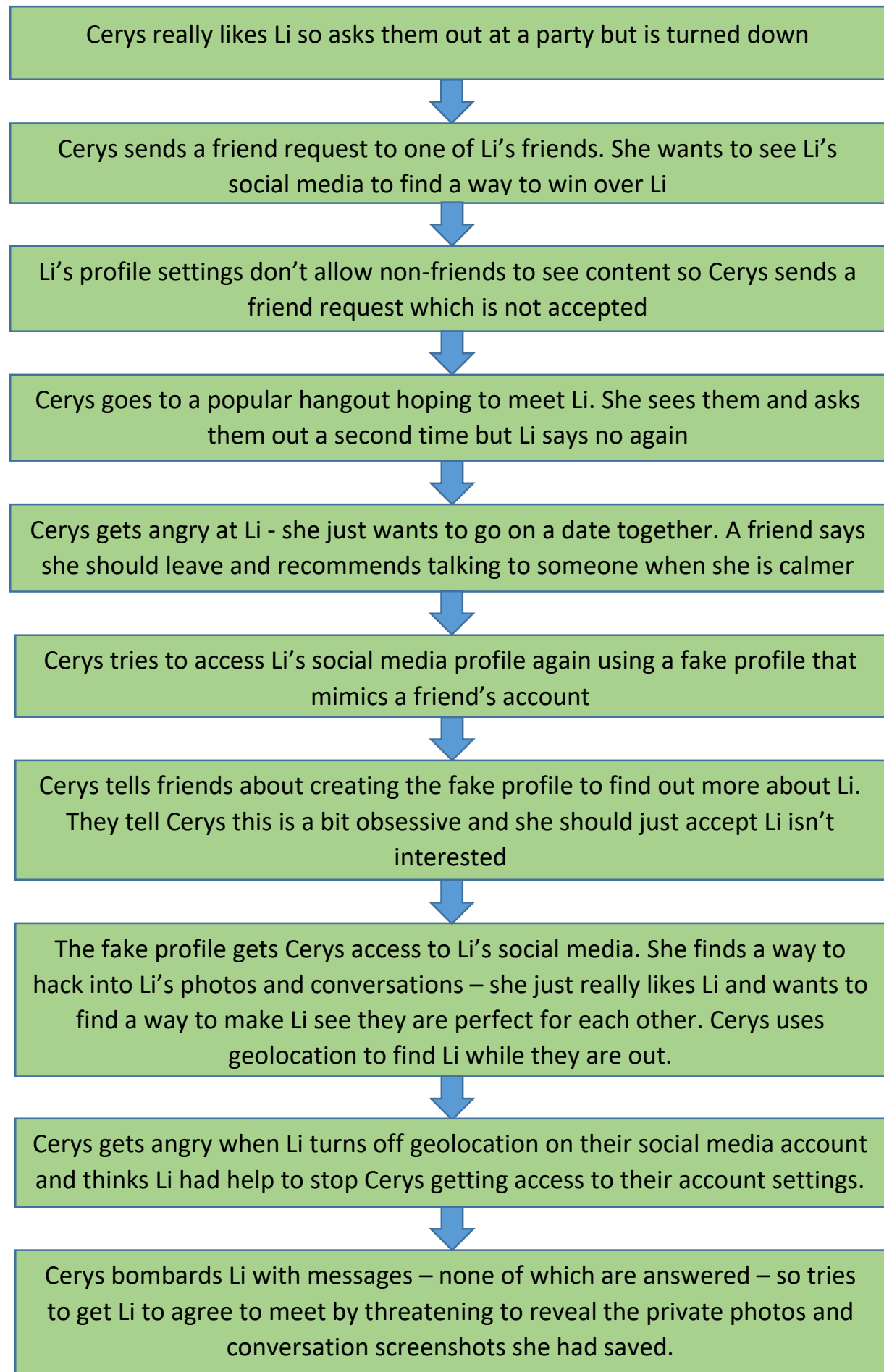
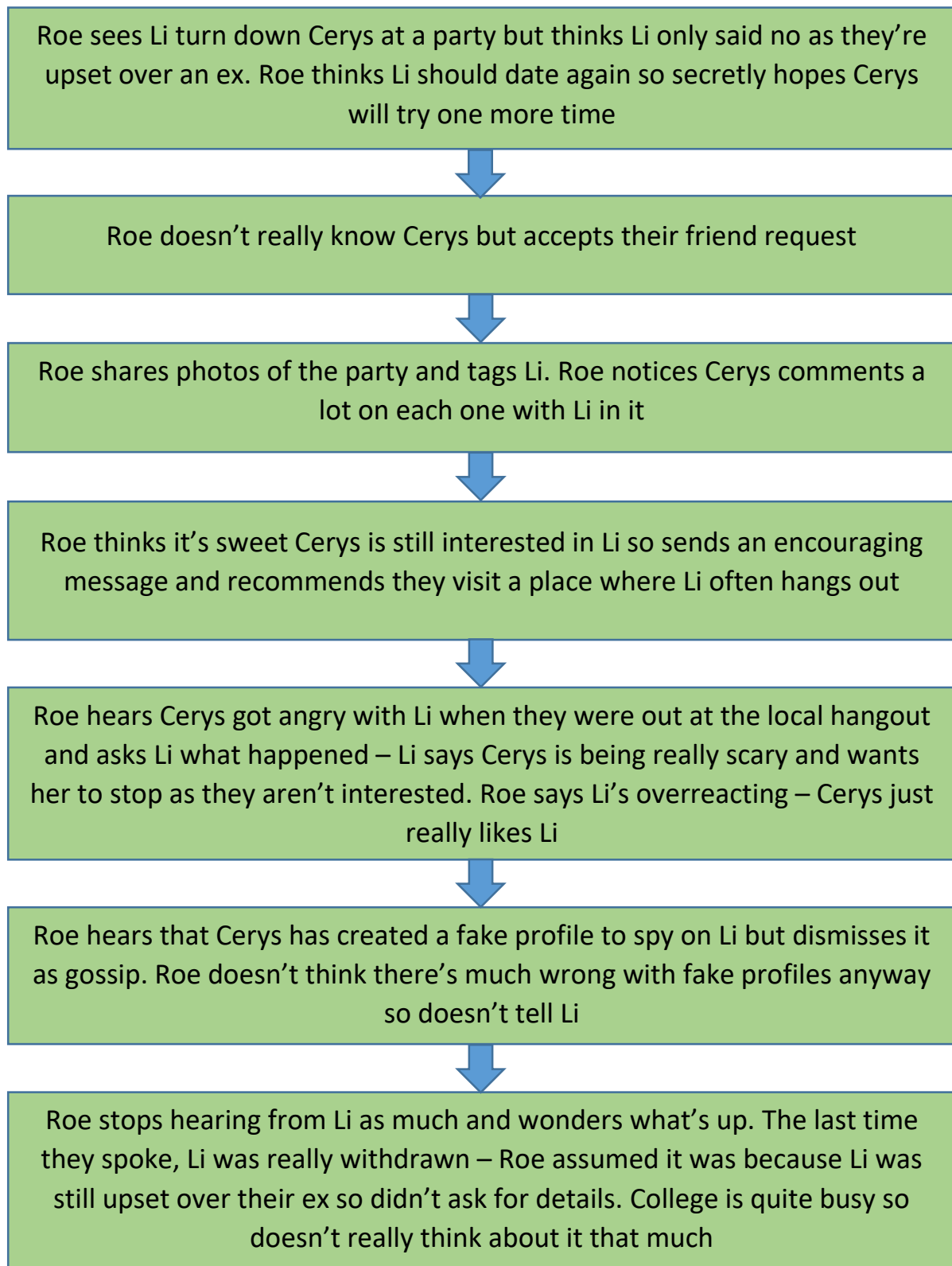
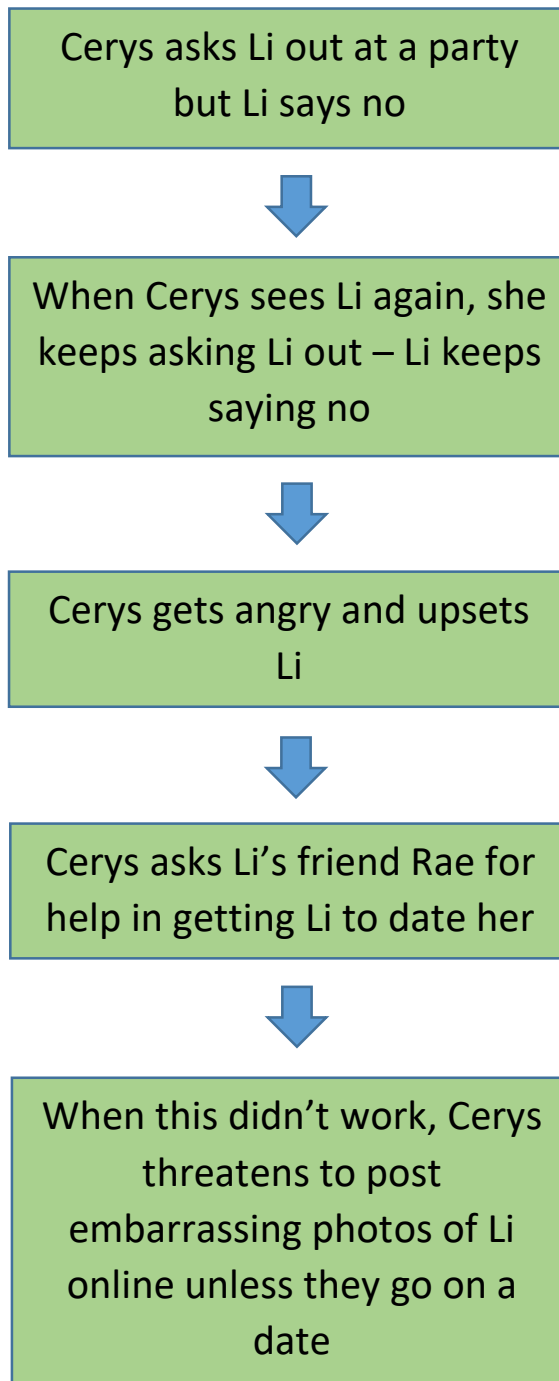


Resource 1: Stalking scenario timeline - Cerys

Resource 1: Stalking scenario timeline – Li's friend Roe

Resource 1a: Stalking scenario timeline

Resource 2: Barriers to help-seeking

1. People might delay seeking help as they are worried about being seen to over-react, or about getting people into trouble unnecessarily
2. Someone who shames their partner deserves to be made to feel scared and uncomfortable
3. Inappropriate behaviour is to be expected if someone's upset
4. It can be hard to judge if someone's interested or not so it's worth trying a few times so people don't miss out on something great
5. It might just be a coincidence when someone keeps bumping into a person, particularly in a small community
6. The police don't take stalking seriously so there's no point contacting them

Resource 3: Teacher notes

Resource 1 Stalking scenario timeline

Cerys' Perspective:

- *Cerys' behaviours would clearly be considered stalking.*
- *We do not know Cerys' beliefs around why Li did not agree to a date but the repeated rejections would have been clear – if Cerys discussed any beliefs of ambiguity about Li's feelings with trusted friends or family, they would likely have said Li was clearly not interested. This has clearly become an obsession rather than romantic interest likely to result in a relationship - this should be a trigger for Cerys to stop, think, and seek help.*
- *There were points where friends told Cerys her behaviour was worrying – at this point Cerys could have sought help to discuss any feelings and compulsions she was experiencing. Talking things through with family or friends may be enough to help process emotions and understand what is acceptable and what is not. Working with a therapist can help someone process strong feelings without assigning blame or judgment. A GP may be able to refer someone to specialist services in some cases.*
- *Cerys would likely be aware she has committed illegal actions so could self-report at this stage to reduce the risk of further harm to Li.*

Roe's Perspective:

- *It's nice that Roe wants Li to be happy but match-making in this way ignored Li's clear 'no'. If Roe wanted to explore things further, she could have spoken with Li. Saying where to find Li clearly went against Li's wishes.*
- *Li was feeling worried about Cerys' behaviour. Roe minimising these feelings and saying the situation is romantic could contribute to Li not seeking help and could have dissuaded Li from talking to Roe in future – even though Li really needs support right now.*
- *While Roe is not to blame for Cerys' behaviour, there are further steps Roe could have taken to support Li – reflecting on these can help us see things differently.*
- *When it became clear that there may have been misuse of social media, Roe could have reported the situation online and/or told Li so they could remove the fake friend from their account. Li had a better understanding of the ongoing picture so was the best person to judge how seriously to take such rumours. Li may well have sought further help and/or reviewed their online security which could even have prevented things getting worse.*
- *There are lots of reasons why a friend can seem withdrawn – it's best to ask them about it if possible. Given all that had happened, Roe could have reached out to check in about the situation.*
- *Roe could have sought additional information or advice at any point to check whether her assumptions were helpful/valid. Organisations such as the Alice Ruggles Trust have detailed information about stalking which could help Roe reflect on her advice in this situation.*