RELATIONSHIP RESPECT AND SAFETY

Block Overview

This block of lessons focuses on relationship safety and the importance of respecting the personal boundaries of other people. Students will explore the impact of unwanted attention and harassment, including how to seek support if they are the recipient of such behaviours.

These lessons were developed by Childnet and the Alice Ruggles Trust. Some slides have been added to include information about local resources and support for young people on the Isle of Man.

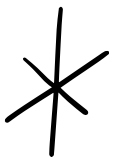**Lesson 1**

Recognising Online Sexual Harassment

Learning Intentions

Students will learn about the types of behaviour that constitute online sexual harassment,and the emotional impact that these behaviours can have on an individual.

Success Criteria

By the end of the lesson, students will be able to:

- define the term online sexual harassment
- recognise examples of online sexual harassment
- understand the emotional impact online sexual harassment can have on those involved

Responding to Online Sexual Harassment

Learning Intentions

Students will learn about responding to online sexual harassment, and explore the concept of victim blaming. Students will also be encouraged to think of ways they can support people who are targets of online sexual harassment.

Success Criteria

By the end of the lesson, students will be able to:

- recognise examples of victim-blaming in response to online sexual harassment
- explore the gendered context in which online sexual harassment takes place
- respond to incidences of online sexual harassment in a helpful and supportive manner.

# Reporting Online Sexual Harassment

Learning Intentions

Students will learn about the importance of reporting online sexual harassment, whether they experience it themselves or witness it happening to someone else. Students will also explore reasons why online sexual harassment can be difficult to report, and where to go for help.

Success Criteria

By the end of the lesson, students will be able to:

- recognise the reporting routes available and the positive effects reporting can have
- understand their school/setting's reporting process
- explore the challenges young people face in reporting online sexual harassment
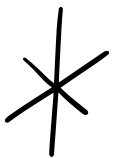
Identifying Unhealthy Relationship Behaviours

Learning Intentions

Students will learn how to identify unhealthy relationship behaviours, how to safely and effectively manage breakups, and how to support a friend who may be experiencing an unhealthy relationship.

Success Criteria

By the end of the lesson, students will be able to:

- assess whether relationship behaviours are healthy or unhealthy
- explain strategies to effectively manage relationship break ups
- suggest ways to support a friend who is in an unhealthy relationship

Managing Unwanted Attention

Learning Intentions

Students will learn about the impact of unwanted attention such as stalking and harassment, including how to identify behaviour that constitutes stalking. Students will also learn where they can go for support.

Success Criteria

By the end of the lesson, students will be able to:

- define the terms stalking and harassment
- identify the behaviours associated with stalking
- explain what to do if someone feels they or someone they know is the target or perpetrator of stalking or harassment
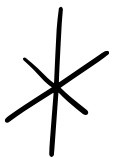
Reducing Inappropriate Behaviours

Learning Intentions

Students will learn how to recognise inappropriate behaviour - such as unwanted and unacceptable romantic attention - and how to safely address these issues.

Success Criteria

By the end of the lesson, students will be able to:

- recognise when romantic attention is unwanted or unacceptable, including online
- explain how perpetrators and their peers can safely address potential perpetrator behaviours