

RELATIONSHIP RIGHTS

PSHE / YEAR 10 / BLOCK 1

Block Overview

This block of lessons promotes young peoples' understanding of their rights and responsibilities in relationships, and explores the concept of gender equality in relationships and the law.

These lessons have been adapted for the Isle of Man from Scotland's national resource for relationships, sexual health and parenthood (RSHP).

Lesson 1

Gender Equality

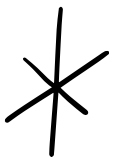
Learning Intentions

Students will explore the concept of gender equality both within relationships and in a wider societal context.

Success Criteria

By the end of the lesson, students will be able to:

- define what is meant by equality
- discuss what an equal relationship might look like
- identify ways they can help promote gender equality



Lesson 2

Equality and the Law

Learning Intentions

Students will learn what the law says regarding gender equality and sex discrimination. Students will reflect on how these laws are applied to education settings.

Success Criteria

By the end of the lesson, students will be able to:

- explain what the law says about sex and gender equality and discrimination
- understand that school should be a place of safety and equality for all



Lesson 3

The Right Time

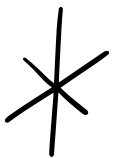
Learning Intentions

Students will explore the factors that can influence choices about intimate relationships, and learn how to determine if they are ready for a sexual relationship. Students are encouraged to delay sexual activity until they are ready.

Success Criteria

By the end of the lesson, students will be able to:

- Identify the factors that can influence choices about sex
- Identify how to assess if a person is ready for a sexual relationship
- Understand that they should delay having sex if they do not feel ready



Lesson 4

Contraception

Learning Intentions

Prior learning about contraception will be refreshed. Students will review the purpose and main methods of contraception, and learn where to seek further advice and information.

Success Criteria

By the end of the lesson, students will be able to:

- identify the purpose and main methods of contraception
- identify how to access sexual health services on island, and where to seek factual information



Lesson 5

Consent and the Law

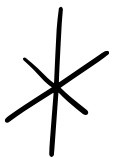
Learning Intentions

Students will learn what the law says about sexual consent, and that they have the right to feel safe in their relationships.

Success Criteria

By the end of the lesson, students will be able to:

- describe what being 'safe' in a relationship means to them
- explain the island's laws regarding consent and harmful sexual behaviour



Lesson 6

Explicit Material – Fact or Fiction?

Learning Intentions

Students will learn about the laws regarding ‘explicit material’ and how such images can promote unrealistic and unhealthy perspectives on relationships.

Success Criteria

By the end of the lesson, students will be able to:

- understand what is meant by ‘explicit material’
- discuss how viewing these images may impact their expectations and perspectives of real-life relationships
- explain what the law says about explicit materials

