

# LESSON PLAN

YEAR	10	CONTRACEPTION
BLOCK	1	
LESSON	4	

## LEARNING INTENTIONS

Prior learning about contraception will be refreshed. Students will review the purpose and main methods of contraception, and learn where to seek further advice and information.

## SUCCESS CRITERIA

By the end of the lesson, students will be able to:

- identify the purpose and main methods of contraception
- identify how to access sexual health services on island, and where to seek factual information

## MATERIALS

Powerpoint slides

## NOTES

At this early stage and throughout, address both young men and young women equally and engage all in discussion. State explicitly that there's no assumption young people are having sex, and nothing today is personal, so let's make sure everyone respects confidentiality.

## STRUCTURE

1. Recap of previous lesson - what do they remember?
2. Introduce today's lesson by sharing that you will be talking about contraception. Ask the class if they are familiar with the term and what they think it means. Explain that contraception refers to the methods used to prevent a pregnancy. Explain that contraception comes in many forms, which you will be talking about today.
3. Ask the class to share any types of contraception they may have heard of (and remind students that we are not sharing any personal experiences.)
4. Explain that you are going to be talking about the most common forms of contraception, one by one. Share the following slides about specific types of contraception. Invite students to ask questions, or write them down if they do not want to ask publicly. If you are unsure of the answer to a question, let the students know that you will come back to them with an answer next time.
5. Ensure that students understand emergency contraception is NOT the same as a termination. They may have heard it being referred to as "the abortion pill" - this is incorrect and dangerous misinformation, and must be clarified.
6. Remind students of services available on island, like the GUM clinic.
7. Encourage **class discussion**, either as a whole class or in small groups. Who is responsible for contraception?
8. Reinforce the message that everyone who is sexually active is responsible for contraception.
9. Ensure students understand that simply obtaining contraception does not equal consent. A person may have condoms, or be taking the pill - but this does not mean they are looking to have sex. Explicit consent should always be sought for EVERY SEXUAL ACTIVITY.
10. End the lesson by asking for reflections from the class.