

Statement	Reality
1. Sex is usually private and intimate	In real life, sex should be really special and intimate between two people, to express the love and commitment and maybe to have a baby. In porn, in addition to the actors, all the film crew are watching, stopping and starting the action – pornography is entertainment, not real life.
2. People have sex with people they love	In real life, you don't have to have sex with somebody just because you love them. Sex can be a one way that people express love and commitment, but it is not the only way. Porn actors frequently have only just met before they are having sex, before going onto the next sex film or their everyday work.
3. Men can maintain an erection for ages	In real life, erections can happen at the most awkward moments and disappear all too quickly. Men in pornography are usually shown being able to maintain an erection for long periods of time, but in real life this is not always the case.
4. Most people use condoms with a new partner	Although most young people have not had sex under the age of 16, in real life more than 50% of sexually active young people in the UK use a condom when they have sex with a new partner. Condoms are the most effective way to prevent STIs. In porn, sometimes condoms are not used, or are not shown.
5. People have an STI test every month	In porn, actors may have penetrative sex with multiple partners in a day, which puts them at risk of Sexually Transmitted Infections, especially if they don't wear a condom. In professional studios the actors to have an STI test every month.
6. Sex is special, close and meaningful	In real life, some people never have sex, many people only ever have sex with one other person in

	<p>their life and most people only have a few sexual partners. Having sex (or just being with someone special) should be loving, exciting, intimate and emotionally rewarding. In porn, actors many have sex with a partner they love (amateur porn) but for most, it's a job.</p>
<p>7. People having sex make a lot of noise</p>	<p>In porn sex is often noisy and actors are asked to exaggerate their reactions to show how much they appear to enjoy what they are doing, or how much they are hurting someone or being hurt. Remember, pornography is entertainment, and there is a lot of exaggeration involved.</p>
<p>8. People pretend to enjoy sex</p>	<p>In porn, actors are often asked to exaggerate their reactions to show how much they appear to enjoy what they are doing. In real life, nobody should have to 'pretend' to enjoy something, and in both porn/real life, nobody should do anything they don't want to.</p>
<p>9. People talk about their feelings</p>	<p>In real life, communicating with other people is essential to good relationships, good mental health and emotional well-being. Just spending time or talking to somebody you love can be very special. In porn there is not much time for talking or feelings.</p>
<p>10. People are often not sexually aroused</p>	<p>In porn male and female actors are there to have sex, that's their job. Male porn actors often use Viagra to maintain an erection, and women are always available and ready to have sex. In real life, men and are not always ready for sexual activity.</p>
<p>11. People can feel close just holding hands or kissing</p>	<p>In real life, being romantic, feeling close and enjoying being with somebody can happen in all</p>

	sorts of ways, and might not even involve any physical contact.
12. Only penis-in-vagina penetration is considered sex	In pornography, a lot of the sexual acts are focused on penetration, which can lead to the myth that nothing else counts as sex. In real life, any sexual contact is considered 'sex'
13. Sex always about male satisfaction	Historically, most pornography has been created for men, by men, and therefore focuses mostly on male satisfaction. In real life, relationships and sexual activity should be equally enjoyable for both parties, and a relationship does not need to be sexual in order to be enjoyable and fulfilling.
14. It's quite normal to feel embarrassed and uncertain	Most young people have not had sex before the age of 16, and about a third of young people who have sex before this age say that it happened too soon. Becoming sexually intimate with another person can often be embarrassing and many people feel uncertain.
15. Pubic hair is rare	In real life, pubic hair is important because it helps to protect the genitals and reduces friction burns during sex. Removing pubic hair can result in 'razor rash', cuts and infections. Pubic hair is completely normal.
16. Sex is usually in a long-term relationship	In real life, although a few people have many sexual partners, most people only have sex in a long-term, loving and committed relationship.
17. Women have large breasts and flat tummies	In real life, bodies come in all shapes and sizes and all are perfectly normal. In pornography, many of the actors have had surgical procedures to alter their bodies, such as breast enlargement.
18. Sex ends when the man ejaculates	In pornography, sex often ends after ejaculation. In reality, sex does not necessarily involve ejaculation

	at all, and many people can enjoy close relationships without any sexual activity.
19. People's make-up doesn't stay perfect	In porn, actors have to look gorgeous nearly all the time, so both male and female actors wear make-up during filming to help them look attractive. Of course, filming frequently has to stop to enable the make-up artist to keep the actors looking their best.
20. Everyone enjoys aggressive or 'rough' sexual acts	Many pornographic films depict aggressive, rough, or extreme sexual acts. Remember pornography is entertainment and not reflective of real life: while some people do enjoy these acts, many/most people do not.