

	Block 1	Block 2	Block 3
Year 7	Digital Literacy & Wellbeing	Body Changes & Confidence	Respecting Ourselves & Others
	Me Online Netiquette Sending & Sharing Images Respect Me Feeling Emotional Looking After Myself & Others	My Body Now My Changing Body Menstruation Learning About My Body Body Image & Influences Body Confidence	Gender Stereotypes Exploring Gender Hurtful Behaviour – A Hurtful Behaviour – B Friendship and Empathy Peer Pressure
Year 8	Mental Health	Building Positive Communities	Respect & Consent
	Attitudes to Mental Health Emotional Wellbeing Digital Resilience Group Chats Inappropriate Language Improving our Mental Health with Isle Listen	Identity & Community Discrimination Values Understanding Bias Being an Ally Contributing to My Community	Healthy Relationships Relationship Changes Consent Social Attitudes to Sending Nudes – pt1 Misogyny Feminism & Positive Masculinity
Year 9	Healthy Relationships	Respect, Rights, & Equality	Relationship Safety & Sexual Health
	Qualities of a Partner Expectations vs Reality Making Relationships Work Living Together/Marriage/Partnerships Ending Relationships	Equality and Feminism Sexual Harassment Sexuality and Sexual Rights Social Media and Fake News Social Media Safety Physical and Mental Wellbeing	It's Not Ok (NSPCC) It's Not Ok (NSPCC) It's Not Ok (NSPCC) It's Not Ok (NSPCC) Contraception STIs/HIV
Year 10	Safety & Equality	Equality, Consent, & Community	Communication & Sexual Health
	Gender Equality Online Sexual Harassment Social Attitudes to Sending Nudes – pt2 Identifying Unhealthy Relationship Behaviours Managing Unwanted Attention Reducing Inappropriate Behaviours	Equality & the Law Belonging to Diverse Communities Understanding & Preventing Extremism Abusive Relationships Consent & the Law Explicit Material – Fact or Fiction?	Communication The Right Time STIs Condoms Contraception Sexual Health Services on Island
Year 11	Staying Safe	Choices, Changes, & Family Life	
	Going Out and Staying Safe Online Dating Red Flags in Relationships Sex, Drugs and Alcohol The Importance of Communication Managing Conflict	Healthy Relationships & Consent Knowing Your Body Human Fertility Pregnancy Choices & Outcomes Parental Roles & Responsibilities Family Changes	

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7		RSE Block 1	RSE Block 2		RSE Block 3	
Year 8	RSE Block 1		RSE Block 2		RSE Block 3	
Year 9		RSE Block 1		RSE Block 2	RSE Block 3	
Year 10		RSE Block 1		RSE Block 2		RSE Block 3
Year 11		RSE Block 1		RSE Block 2		